



Being a Part of Breaking Down the Barriers

What's New

October 28, 2018

Hello Everyone,

WOW! It has only been one week since the 20th annual Achilles St. Patrick's Day Race Online Registration OPENED and the response has been FANTASTIC!!! So register now to take advantage of our best price possible to participate in Toronto's Best Landmark Race! We are celebrating our 20th year and we have added three new categories to please everyone! There will be a new 1K Kids Run for the kids under the age of 12 years old, a 10K race distance and a Family Pack so that you can register as a family if you wish. Go to this link to register yourself, friends, family and co-workers:

<https://raceroster.com/events/2019/19814/20th-annual-achilles-st-patricks-day-5k-new-1k-kids-run-10k-race>

Annual Achilles Christmas Party - Saturday, December 8th

Once again we will be celebrating all the achievement from 2018 at our annual X-Mas Party. The party will take place at the Balmy Beach Club and start with our optional 5K run/walk at 11 am. The real party start at 12 noon hour with lunch followed by achievements, news, motivational speaker and then a drop-in by Santa. Membership dues for 2019 is once again only \$25 for our 20th year as a club. Please consider bringing bake goods for our desert table and donated stuff for our raffle table. Please RSVP with ASAP because as we all know this party sell-out!!!

2019 Membership Renewal Survey - Please let me know for your membership due if you would like to receive one of the following for 2019?

Achilles Short Sleeve Tech Shirt - \$25
Achilles Long Sleeve zipper Tech Shirt - \$40
Achilles Technical Running Hat - \$25
Or Any Other Ideas?

Last Week - Ontario Blind Sport Association (OBSA) Gala is taking place on Saturday, November 3rd here in Toronto at the Courtyard by Marriott, 475 Yonge Street. Achilles Canada has a table and we have 10 spots available. Please let me know if you would like to attend on behalf of Achilles?

We are looking for Achilles Athletes and Guides who live in Windsor, Guelph, Ontario, Edmonton, Alberta and now Saskatoon, Saskatchewan! We may have a new chapters forming in these communities and therefore, I am asking if you know of Achilles athletes or guides in these cities to get in contact with me. Thank you!

REMINDER - Richard Holloway, Achilles athlete is next up with his Las Vegas Marathon on November 11th. Please go to his Go Fund Me page here to make a donation:
<https://ca.gofundme.com/blindrannervegasmrathon>

Jason Mitschle, Achilles athlete will be climbing Mount Kimanjaro in the Fall of 2019 and we could use your support by making a donation to his Climb at:
Please visit his Facebook page for updates and to make a donation - [Climb 2019 Facebook Page](#)

Race Report

If you have a story to tell, please send it my way and we will include in our next newsletter.

Reminders

Guide Runners Needed

Achilles Athletes??? Let me know if your looking for guide runners to run with you during the week or on weekend and we will put out a search for you. Thanks!

Run Schedule

Click [HERE](#) to connect to our website to review all our Chapter Run Schedules...

Events Calendar

Click [HERE](#) to connect to our website and learn more...

Chapter Locations

Click [HERE](#) to connect to our website and learn more...

Join a Committee for 2018! We need YOU!

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Contact Us: 647-998-6451 | [Email](#) | [Website](#)

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