



Being a Part of Breaking Down the Barriers

What's New

April 21, 2018

Hello Everyone,

Congratulations to all the members who ran last Monday's Boston Marathon!

Here is a partial list of all Achilles members who I know ran the Boston Marathon:

Female Runners:

Eve Shea (Achilles athlete) - 4:09

Emmanuelle LeBlanc (member) - 3:43

Lyndsey Skye (member) - 3:51

Male Runners:

Chris White (Achilles athlete) - 3:26

Jeff Orchard (guide for Chris)

Andrew Jones (guide for Chris)

Michael Ovens (Achilles athlete) - 4:40

Robert Windrum (guide for Michael)

Marijo Gagula (guide for Michael)

Tracy Garbutt (Achilles athlete and chapter president for Winnipeg) - 4:53

Tim Sullivan (Achilles athlete) - 4:59

Ary Tsotras (Achilles athlete and chapter president for London, ON) - 4:13

Grant Robinson (Achilles athlete) - 4:35

Jason Dunkerley, 3rd Overall in VI Category (Achilles athlete & chapter president for Ottawa)
- 3:13

Boyd Dunleavy (Achilles athlete from London, ON)

If I missed anyone, sorry but please let me know who you are???

If any athletes or guides would be interested in submitting a short story on your Boston experience, please do.

Toronto Marathon is May 6th - Importance notice to Achilles members - if you want to race

any of the distance races you need to inform me before Tuesday, April 24th because the organizers are only giving us a 72 hour window to get yourselves and your guides register for the any of the races.

We have an Achilles athlete who need a guide runner to run the Half Marathon in 2 hours, please let me know if you like to help out?

Waterfront 10K Race - SOLD OUT with more than 8,000 runners! However, Achilles members can still get into the race if you let me know if you want to run this race?

New Partnership Group - We have formed a new partnership with the Amputee Coalition of Toronto (ACT). This is a peer support group so let welcome them and encourage them to run with us!

Waterloo Marathon is April 29th and they have a new VI Category for Achilles athletes and guides. Our good member Duff will there running it as well.

Tandem Cycling anyone? We are looking for a captain to sit on the front of the bike to guide one of our members as part of the Cycle For Sight event taking place end of June and you will ride up in the Creemore, Ontario area near Collingwood. Let me know if your interested?

Rhonda-Marie Parke, Achilles athlete is once again running an Ultra Marathon all by herself - "No Running Guides" at the Vol State 314 Miles Race or 505Km's. Please support her fundraising page as she raises awareness of Achilles Canada and all disabled athletes. <http://thelastobstacle.com>

Richard Holloway, Achilles athlete and chapter president of Achilles True North is running the Las Vegas Marathon in the Fall of 2018. Please go to his Go Fund Me page here to make a donation: <https://ca.gofundme.com/blindrunnervegasmrathon>

Race Report

If you have a story to tell, please send it my way and we will include in our next newsletter.

Reminders

2018 Ottawa Race Weekend is May 26th & 27th. Please contact me for our Achilles discounted promo code for this year races. All running guides get to run for free with their Achilles athletes, however, I would suggest you help support your athlete in anyway you can. I look forward to hear from you.

2018 Canada Army Run in Ottawa is September 23rd. Contact me for our Achilles promo code. This race sell-out every year!

2018 New York City Marathon - Application are now available for all Achilles athletes to

consider entering this year marathon and your deadline to have your application in for is April 23rd. At the moment, each athlete is still allowed 3 running guides to run the marathon. As for the Guider Runner application, it doesn't open until July 1st with a deadline of July 31st this year. Please contact me and I can work with you to get you register for this year race on November 4th.

Guide Runners Needed

Anyone living in the Danforth area looking for a guide runner? Please contact me

Looking for guide runners in the Lakeshore and Islington area to run with a visually impaired female. Let me know if your available?

We are in need of guide runners who live in the Brampton and Woodbridge area. If you know of anyone who may be interested in guiding please share with them my contact information. Thanks,

Woodbirdge Area - Desperately seeking guide runners in Woodbridge to run with a 14 year old Austin boy after school, evening or weekends. Please let me know or if you know of someone in the area who would like to help out?

Run Schedule

Click [HERE](#) to connect to our website to review all our Chapter Run Schedules...

Events Calendar

Click [HERE](#) to connect to our website and learn more...

Chapter Locations

Click [HERE](#) to connect to our website and learn more...

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